

## POLICIES & FAQ

### Payment Methods

We accept cash, checks, traveler's checks, money orders, Visa, Mastercard, Discover, and American Express credit cards. We also accept Flexible Spending Account cards with a Visa or Mastercard logo. You are responsible for obtaining a prescription of medical necessity from your primary care physician if required by your plan.

Returned checks will result in a \$15 returned check fee. This fee is in addition to any charges your bank may apply.

Payment is expected at the time of visit. If full payment is not received at the time of the appointment, or if you require our office to bill your insurance, coupons, discounts, or promotions will NOT be applied.

For questions about fees or insurance coverage, please visit our website, or contact The Springs Operations Manager at 315.462.1352. Prices are subject to change without notice.

### Discount & Coupon Policies

- We offer a 15% discount for seniors (age 65+).
- CSH&C Staff receive a 10% discount w/ ID.
- Package discounts are available. Receive 10% off 3 or more services per person.
- Patients receiving treatment at Finger Lakes Community Cancer Center may receive \$10 off 30-min, or \$20 off 60-min massages with doctor referral or prescription.
- Discounts & coupons may not be combined with other offers or promotions unless otherwise specified.
- Discounts & Coupons are NOT applicable to insurance copays or coinsurance.
- Discounts & coupons may only be used if fees are PAID IN FULL at the time of service.

### Insurance

You are responsible for contacting your insurance company to verify coverage & co-pay amounts. You are responsible for obtaining prior authorization if required by your policy.

Patients who wish to use insurance benefits for the acupuncture portion of a Naturopathic & Chinese Medicine appointment will be responsible for their co-pay or co-insurance in addition to the non-covered portion of the service. Not all practitioners accept insurance. Please specify your needs when scheduling.

Acupuncture treatments for smoking cessation, weight loss, skin care, stress relief, and some other diagnoses are non-covered services by insurance companies. Full payment is expected at the time of service. Package rates are available. See our website or PACKAGES Brochure for more information.

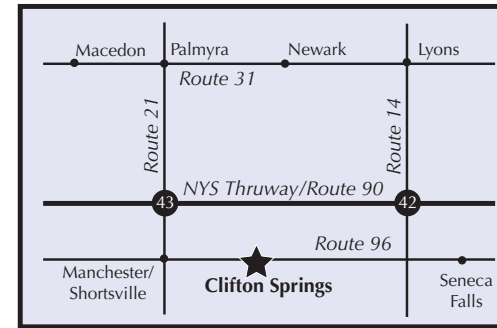
**\*Notice to chiropractic patients with MEDICARE:** Medicare does NOT pay for a CHIROPRACTIC EXAMINATION. Coverage is only provided for a spinal adjustment. Before a chiropractic adjustment can be rendered, a chiropractic examination MUST be performed at the initial visit. Treatment fees for patients with Medicare include non-covered services. A special consent form is provided before your initial appointment explaining any non-covered treatments.

### GIFT CARDS


Gift cards are available for purchase from The Springs reception desk during normal business hours. Cards are available in any dollar amount and do not expire. Instant Certificates can be purchased online 24 hours a day, 7 days a week through our website!

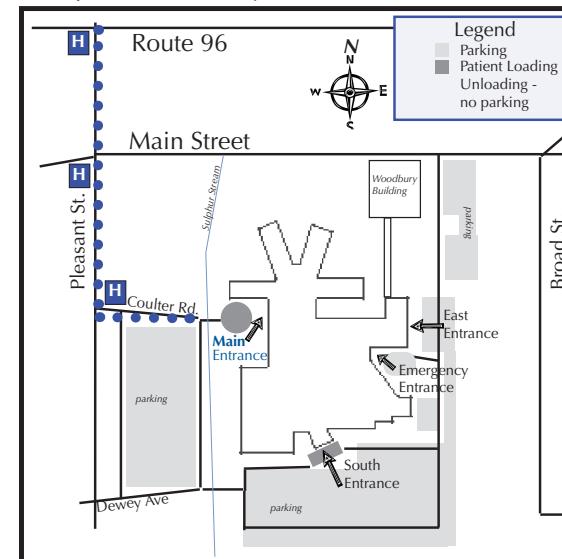


### Where we are located...



### When you get here...

Follow the  hospital signs through Clifton Springs to Coulter Road. You will see the Main Entrance of the Hospital. Park in any of the lots on your right. Use the Main Entrance. Inside the Main Lobby, the Information Desk volunteers or the operator (after 4:00 p.m.) will direct you.



[CliftonSpringsHospital.org](http://CliftonSpringsHospital.org)



## Services & Fees

January 2012

*Experience*

*the difference we can make*



2 Coulter Road  
Clifton Springs, NY  
315.462.1350

A Service of Clifton Springs Hospital & Clinic  
[TheSpringsofClifton.com](http://TheSpringsofClifton.com)

## INTEGRATIVE MEDICINE

### • Naturopathic & Chinese Medicine

*Includes acupuncture, if indicated for your condition.*

Initial Consultation .....	\$300
<i>Pediatric Consultation (Under age 18) .....</i>	<i>\$150</i>
Routine Follow-up.....	\$75
<i>Pediatric Follow-up (Under age 18) .....</i>	<i>\$60</i>
Weight Loss/Smoking Cessation	
<i>Initial Consultation &amp; Treatment .....</i>	<i>\$200</i>
<i>Follow-up Visits .....</i>	<i>\$75</i>

### • Acupuncture

*Package rates are also available.*

Initial .....	\$125
Follow-up.....	\$75
Facial Renewal .....	\$30
Stress-Relief .....	\$30
Detoxification .....	\$30

### • Chiropractic

Initial Examination & Treatment.....	\$75
Routine Follow-up.....	\$45
Electrical Stimulation .....	\$35

• **Hypnotherapy** ..... \$90/hr

• **Craniosacral Therapy** ..... \$60/hr

### • Lymphatic Stimulation

30-minute session .....	\$40
60-minute session .....	\$70

• **Aromatherapy Consultation** (30 min) ..... \$30

### • Sinus Relief Treatment

Massage & Aromatherapy (20 min) .....	\$25
Massage, Aromatherapy & Acupuncture.....	\$50

**HYDROTHERAPY** - *Book any SOAK with another service and receive \$5 off the price of soaking alone!*

- **Constitutional Hydrotherapy** (45 min) ..... \$50
- **Mineral Springs Soak**
  - 20-Minute Soak..... \$25
  - 30-Minute Soak..... \$35
  - 40-Minute Soak..... \$45
- <sup>NEW!</sup> **Bath-of-the-Month** (20 min)..... \$35
- **Hydrossage Jetted Tub Soak** (20 min) ..... \$25
- **Mineral Soak w/ Sheet Wrap** (40 min) ..... \$40
- **Lift Assistance Fee** ..... \$15

## MASSAGE THERAPY

*Package rates are also available.*

- **30-Minute Sessions**
  - Relaxation/Prenatal/Oncology ..... \$35
  - Deep Tissue..... \$50
- **60-Minute Sessions**
  - Relaxation/Prenatal/Oncology ..... \$60
  - Deep Tissue..... \$75
- **Orthopedic/Pain Management** (45 min) ... \$65
- <sup>NEW!</sup> **Serenity Massage** (90 min Swedish) ... \$90
- <sup>NEW!</sup> **"Best of Both Worlds"** (90 min) ..... \$105
- <sup>NEW!</sup> **Intensive Therapy** (90 min Deep Tissue) .. \$120
- **Hot Stone Treatments**
  - <sup>NEW!</sup> Hot Rocks Massage (60 min)..... \$80
  - Signature Stone Treatment (90 min)..... \$115
- **Chair Massage** (20-min max) ..... \$1/min

## SPAYURVEDA

*See our Spayurveda Menu for additional details*

- **Abhyanga** (75 min)
- **Tibetan Shirodhara** (75 min)
- **Tibetan Foot Renewal** (60 min)
- **Himalayan Mineral Bath** (20 min)
- **Tibetan Eye Rejuvenation** (40 min)
- **Nasya** (15 min)
- **Signature Sinus Treatment/Nasya** (35 min)
- **Nadi Swedana Add-on**
- **Kansa Vataki Foot Massage** (20 min)
- **Kansa Facial Massage** (15 min)
- **Ayurvedic Consultation**
- **Marma-Puncture** (Ayurvedic Acupuncture)
- **Panchakarma** (Detoxification & Biopurification)

## SKIN CARE

### Dr.Hauschka Skin Care Treatments

- **Relaxation Treatment** (75 min) ..... \$80
- **Clarifying Treatment** (75 min) ..... \$85  
*-This Treatment Is For Advanced Acne Only*
- **Rejuvenating Treatment** (90 min) ..... \$95
- **Cleansing Treatment** (90 min) ..... \$95
- **Classic Treatment** (120 min) ..... \$145

### The Springs Signature Skin Care Services

- **Facial Renewal Acupuncture** (20 min) ... \$30  
*Added to any Full-Length Facial Treatment.... \$25*
- **Mini Cleanse with Acupuncture** (40 min) ... \$55
- **Basic Skin Consultation** (10 min)..... Free  
*With Product Guidance & Lesson (20 min) ... \$20*
- **Cosmetic Application**..... \$25
- **Cosmetic Application with Lesson** ..... \$35

## BODY TREATMENTS

- **Moor Peat Detox Wrap** (70 min) ..... \$90
- **Arthritis/Pain Relief Wrap** (70 min) ..... \$95
- **Deep Moisture Masque** (70 min) ..... \$90
- **Deep Lavender Treatment** (70 min) ..... \$85
- **Hot Toddy for the Body** (70 min) ..... \$90
- <sup>NEW!</sup> **Back Rejuvenation** (30 min) ..... \$50
- <sup>NEW!</sup> **Back Rejuvenation for Acne** (40 min).. \$60
- <sup>NEW!</sup> **Chest Rejuvenation** (20 min) ..... \$30
- <sup>NEW!</sup> **Chest Rejuvenation for Acne** (30 min).. \$40
- **Paraffin Treatment** (Hands or Feet) ..... \$10

## NAILS

- **Manicure** ..... \$20
- **Deluxe Spa Manicure**..... \$30
- **Polish Change W/ Shaping**..... \$12
- **Pedicure**..... \$40
- **Deluxe Spa Pedicure**..... \$55
- **French Polish** ..... add \$5
- **Nail Cut/Trim (Hands Or Feet)** ..... \$10

## WAXING

- |                                    |      |
|------------------------------------|------|
| <b>Lip/Chin/Toes/or Feet</b> ..... | \$10 |
| <b>Brows</b> .....                 | \$12 |
| <b>Forearms</b> .....              | \$20 |
| <b>Lower Legs</b> .....            | \$35 |
| <b>Back</b> .....                  | \$40 |
| <b>Underarms</b> .....             | \$15 |
| <b>Bikini</b> .....                | \$30 |
| <b>Full Arms</b> .....             | \$40 |
| <b>Full Legs</b> .....             | \$55 |

## ADD-ONS

- **Scalp Massage** (10 min) ..... \$10
- **Hand Or Foot Treatment** (15 min) ..... \$20
- **Head, Neck, Shoulder Release** (15 min) \$20
- **Stress-Relief Acupuncture** (20 min)..... \$30

## KIDS SPA MENU

*We are a family-friendly spa and offer condensed treatments for boys and girls ages 14 and under!*

*Written parental consent is required.*

- **Kid's Mineral Soak** (15 Min) ..... \$15
- **Kid's Massage** (25 Min) ..... \$30
- **Girl's Pedicure** (20 Min) ..... \$30
- **Girl's Manicure** (20 Min) ..... \$15
- **Boy's Grooming** (40 Min, Hands & Feet)... \$35
- **Kid's Facial Treatment** (Includes short lesson on proper cleansing & skin care! 30 min)... \$40

## IMPORTANT INFORMATION

New clients/patients should plan to arrive 20 minutes early to complete forms.

We require 24-hour notice for cancellations or rescheduling. Less than 24-hour notice, or failure to call to cancel may result in a charged cancellation fee equal to the full service fee.

Prices are subject to change without notice.

SPA SERVICE TREATMENT TIMES ARE APPROXIMATE

Your consideration for clients and patients scheduled after you is appreciated. Time may be deducted from your treatment if you arrive late, and is at the discretion of the provider. You will be charged the full service fee, even if your treatment time is shortened due to late arrival.

## HOURS OF OPERATION

**Monday through Friday** ... 9:00 a.m.–5:30 p.m.

Late appointments for spa and massage services available **Tuesdays & Thursdays** evenings by appointment only

**Saturdays:** 2<sup>nd</sup> & 3<sup>rd</sup> Saturdays of the month by appointment only

*Please see the POLICIES section of this brochure for important information about insurance coverage and information about chiropractic fees and Medicare.*